

## Integrated Health Services...

represents a suite of related programs at Center Associates designed to help Medicaid-qualified adults with Serious Mental Illness and children with Serious Emotional Disturbances achieve their mental health and behavioral health goals.

We offer:

- ✓ an **Integrated Health Home (IHH)** to walk clients through assessing, planning, funding and monitoring services;
- ✓ **Behavioral Health Intervention Services (BHIS)** and **Community Support Services (CSS)** to work with clients in their homes to build skills and fill gaps in the mental/behavioral health process; and
- ✓ **In Home Family Therapy (IHFT)** to bring traditional therapy out of the clinic and into a more natural setting.

## Contact Us

### Marshalltown Office:

3809 South Center St.  
Marshalltown, IA 50158  
(641)752-1585

### Toll Free:

(800)896-2055

### Marshalltown General Fax:

(641)752-9665

### Marshalltown IHS Fax:

(641)753-0403

### Office Hours:

Monday-Friday: 8:00a.m.– 4:30p.m.

### Toledo Office:

(641)484-5234

### After Hours Emergency Phone:

(641)752-8467

### Email:

[info@centerassoc.com](mailto:info@centerassoc.com)

### Website:

[www.centerassoc.com](http://www.centerassoc.com)

Center  
Associates

Integrated Health Services



## Qualifying for IHS

Applicants for Integrated Health Services must, at a minimum:

- live in Marshall, Tama or Hardin County;
- qualify for Full Medicaid;
- have a Serious Mental Illness (for adults) or Serious Emotional Disturbance (for children); and
- be functionally impaired as a result of their qualifying illness.



“When ‘I’ is replaced with ‘We’... Illness becomes Wellness.” –Malcolm X

## Services We Provide

### IHH

- Comprehensive Care Management
- Care Coordination
- Health Promotion
- Comprehensive Transitional Care
- Individual and Family Support Services
- Referral to Community and Social Support

### CSS (for adults)

- Monitoring of mental health symptoms and functioning/reality orientation
- Transportation assistance
- Supportive Relationship
- Communication with other providers
- Ensuring individual attends appointments/obtains medications
- Crisis intervention/developing crisis plan
- Coordination and development of natural support systems for mental health support

### BHIS (for children/youth)

- Social Skills
- Interpersonal Skills
- Emotional Regulation
- Problem Solving
- Conflict Resolution
- Communication
- Cognitive Flexibility

### In Home Family Therapy

## Our Team

With more than a century of combined experience, our team of human services professionals stands ready to serve you.



- **Jim Coppoc**, Director of Integrated Health Services
- **Ron Eberline**, In Home Family Therapist/ BHIS Director
- **Arriel Roe**, Interim Nurse Care Manager
- **Gabby Lopez**, Program Coordinator/ Spanish Language Interpreter
- **Sandy Hogle**, IHH Care Coordinator
- **Duane Eberly**, BHIS Provider
- **Jon McCord**, CSS Provider
- **Ariel Johnson**, IHH Care Coordinator
- **Antony Smith**, BHIS Provider
- **Sam Speas**, CSS Provider
- **Jennie Johannes**, Peer Support/ Family Support Specialist